

helping

older adults live well

Mid-County Community Center provides support and services for older adults in the Pierce County area to help improve their health, allow for personal growth through continued learning enrichment programs, and fosters an environment which promotes social and mental well being.

We provided programs and services to more than 700 unduplicated participants in 2007. This included well over 200 new participants to our center that year.

Please let us know how we can better serve you and our community.



for more information
please contact us
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10205 44th Ave E
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improving health
providing education
fostering friendships
for the people in our
COMMUNITY

serving Midland, Summit,
and surrounding areas...

our mission

improving health, happiness, and independence of older adults by providing physical, social, recreational, and educational services

The Mid County Community Center is a not-for-profit 501(c)3 organization. We have been providing support and services to seniors in Pierce County for over 30 years. We offer a safe, supportive, comfortable environment in which older adults can participate in activities, programs, and services that correspond to their experiences and interests. We endeavor to strengthen their mental and physical well being, promote life long learning, sustain their independence, and provide social interaction and friendships. We also act as a source of referrals to other agencies with the same goals.

Our great location in unincorporated Pierce County means we are truly a self-supporting community center. We are able to provide these services through grants, donations, fund-raising events and memberships to our center.

Thank you for your interest in MCCC, and we hope to see you SOON!



well planned programs produce big smiles

At the Mid-County Community Center you are more than just a participant, you're a friend! We strive to always listen and be responsive to the people we serve. We endeavor to know your name, your preferences, and ALWAYS make you feel welcome when you come through our doors!



dancing

Nothing brings together physical well-being and fun quite like dancing! We are proud to offer both Line Dancing and Ballroom dancing programs *every* week!

exercise

We all need exercise to keep our bodies working well. We are happy to provide programs geared directly for our older adults such as Yoga, Walking, and the SAIL exercise program to help meet that need in our community.

art

We have numerous programs to satisfy the artist in all of us! There are acrylic and oil painting groups, a sewing circle, and we partner with Seniors Making Art to enhance lives through creative expression!

good food = great times

Part of being healthy and happy must include well balanced meals. The lack of proper nutrition in older adult lifestyles is a national issue. Many factors contribute to this problem including oral/dental issues, medications, loneliness, depression, and economic concerns. Over 30% of our participants are at a high or moderate nutritional risk. Through our Mealsite programs, our food bank, and other nutrition related programs, we continue to work arduously at improving the nutritional health of the older adults we serve.

education

We provide educational programs through out the year to help keep our older adults in touch with what's most important to them. Partnering with AARP, SSA, PC ADRC, PC Sheriff, Good Sam, and many more!

volunteering

We provide opportunities for older and / or retired persons to share their talents and expertise while contributing to the success of our non-profit community center. through RSVP (Retired and Senior Volunteer Persons). We also provide volunteering opportunities to people of all ages who would like to "plug in" to their community and help us serve others!

computers

We teach a number of computer classes to help our community keep up with the technology age. We have a full computer lab, so if you need to surf the web, or type some letters, feel free to do it here.